

Training Pathway Requirements Overview

Course Requirements			
Foundation (1 Year)	Psychotherapeutic Counselling (3 Years)	Psychotherapy (4 Years)	CTA
<p>TA 101 Certificate</p> <p>100% attendance of 150 hours of training</p> <p>Skills practice observation</p> <p>Recorded transcript (5 minutes)</p> <p>Successful completion of 2 essays x 3000 words</p> <p>Presentation</p> <p>Reflective Journal</p> <p>(If Foundation year is year one of Psychotherapeutic Counselling or Psychotherapy training need to be in personal therapy)</p> <p>Award: Foundation Certificate in Transactional Analysis</p>	<p>Foundation Certificate (1st Year)</p> <p>Completion of 2nd year</p> <p>100% attendance of 150 hours of training</p> <p>Skills practice observation</p> <p>Structured Group Tasks (Research skills)</p> <p>Successful completion of 1 essay x 3000 words and 1 x case study x 3000 words</p> <p>Presentation</p> <p>Reflective Journal</p> <p>Completion of 3rd year</p> <p>100% attendance of 150 hours of training</p> <p>Skills practice observation</p> <p>Structured Group Tasks (Research skills)</p> <p>Successful completion of 1 essay x 3000 words and 1 case study x 4000 words</p> <p>Presentation</p> <p>Reflective Journal</p> <p>Over the 3 years:</p>	<p>Completion of 3 year psychotherapeutic counselling training</p> <p>100% attendance of 150 hours of training each year</p> <p>Skills practice observation</p> <p>Successful completion of 1 essay x 3000 words</p> <p>1 research essay x 4000 words</p> <p>1 x self-reflective essay x 4000 words</p> <p>Presentation – 1 hour case study including 10 minute transcript</p> <p>Reflective Journal</p> <p>Completed Mental Health Familiarisation Placement</p> <p>Over the 4 years:</p> <p>600 training hours</p> <p>250 clinical hours (min) supervised at a ratio of 1:6</p> <p>160 hours personal therapy congruent with training approach (min)</p>	<p>Diploma in Integrative & TA Psychotherapy</p> <p>EATA Training contract at least 1 year before taking exam</p> <p>600 training hours</p> <p>150 supervision hours</p> <p>750 clinical practice hours to include 50 hours of group or couples work</p> <p>500 hours additional training includes personal therapy, M H Familiarisation Placement, supervision presentation, peer discussions etc.</p> <p>Written and oral exams (Please be aware if wanting to follow CTA route you would need to be a member of UKATA throughout your training)</p> <p>Award: Certified Transactional Analyst</p>

	<p>450 training hours</p> <p>100 clinical hours (min) supervised at a ratio of 1:6</p> <p>(Min of 3 clients inc 1 longer term – 6 months or 16 sessions)</p> <p>105 hours of personal therapy (min)</p> <p>Attendance of National Conference or Regional Conferences (Recommended but not mandatory)</p> <p>Award: Diploma in Integrative & Transactional Analysis Psychotherapeutic Counselling</p> <p>To gain accreditation with UKCP:</p> <p>Completion of 3 year psychotherapeutic counselling diploma requirements as above plus:</p> <p>350 further clinical hours supervised (minimum of 450 hours over a minimum of 2 years required for UKCP Accreditation)</p> <p>ECPT Final Assessment for Accreditation</p> <p>Professional Role & Identity Essay 3000 words Psychotherapeutic Relationship Essay 4000 words</p> <p>Award: UKCP Accredited Psychotherapeutic Counsellor</p>	<p>Award: Diploma in Integrative & Transactional Analysis Psychotherapy</p> <p>To gain accreditation with UKCP:</p> <p>Training hours – minimum of 900 hours (comprising core training, supervision, mental health familiarisation placement, and self and peer directed learning)</p> <p>Minimum of 600 core training contact hours over minimum of 4 years</p> <p>Minimum of 450 clinical hours supervised over a minimum of 2 years</p> <p>ECPT Final Assessment for Accreditation</p> <p>Clinical Case study of 10,000 words</p> <p>Plus</p> <p>10 minute recording and 20 minute transcript</p> <p>3000 word transcript analysis</p> <p>Or</p> <p>10 minute recording and 20 minute transcript and 60 minute discussion with assessor (Zoom)</p> <p>Award: UKCP Accredited Psychotherapist</p>	
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