

Integrative & TA Psychotherapy and Psychotherapeutic Counselling Training Pathway Options (Working with Adults)

Integrative & Transactional Analysis Training Courses leading to qualification and accreditation working with adults:

Diploma in Integrative & TA Psychotherapeutic Counselling – 3 Years

Diploma in Integrative & TA Psychotherapy – 4 Years

APL/APEL/APCL

Trainees and graduates may use APL to Step On to training at different points and for accreditation.

Please see our APL policy for further information - <https://ellesmerecentre.co.uk/apl-policy/>

TA101 - Introduction to TA

2-Day Introduction course to ideas of Transactional Analysis. To be completed as part of diploma courses (prior to or during Foundation Year) or as a standalone workshop.

STEP OFF POINT – TA 101 Attendance Certificate

Foundation Year (Year 1)

(Can be attended as standalone course)
Basic concepts of Transactional Analysis theory
Personal therapy
Join as ECPT Trainee Member (free)

STEP OFF POINT – Foundation Certificate in TA

1st Year Advanced (Year 2)

Clinical skills, diagnosis and technique. Ongoing therapy. Start of clinical placement and supervision.

2nd Year Advanced (Year 3)

Ongoing Therapy. Clinical Practice with ongoing Supervision.

STEP OFF POINT - Diploma in Integrative & TA Psychotherapeutic Counselling

3rd Year Advanced (Year 4)

Identity as a Psychotherapist
Intrapsychic reflection at a deeper level
Advanced clinical perspective and research.
Complete Mental Health Familiarisation Placement

STEP OFF POINT - Diploma in Integrative & TA Psychotherapy

Integrative & Psychotherapeutic Counselling Accreditation - UKCP registration

Join as ECPT Accreditation Member.
Submit accreditation application.

- 450 training hours over 3 years
- 450 clinical practice hours supervised at a ratio of 1:6
- 105 minimum hours personal therapy
- ECPT Final Assessment for accreditation

(See Psychotherapeutic Counselling Accreditation Handbook for details)

STEP OFF POINT – UKCP Accredited Psychotherapeutic Counsellor

Integrative & TA Psychotherapy accreditation - UKCP registration

Join as ECPT Accreditation Member.
Submit accreditation application.

- 900 training hours includes 600 core training.
- 450 Clinical practice hours over min of 2years and supervised at a ratio of 1:6
- 160 minimum hours personal therapy
- Mental Health Familiarisation Placement
- ECPT final assessment for accreditation

(See Psychotherapy Accreditation Handbook for details)

STEP OFF POINT – UKCP Accredited Psychotherapist