



Ellesmere Counselling and Psychotherapy Training

**Accredited Counselling and  
Psychotherapy Training (Adults)**



**PROSPECTUS**

**2021/2022**

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# PROSPECTUS 2021/2022

This document is concerned with part-time, accredited Counselling and Psychotherapy Training courses here at Ellesmere Counselling and Psychotherapy Training.

We also offer one-day, half-day and two-hour workshops on a number of mental health related topics for general interest and Continued Professional Development.

To find out more about our shorter form courses, please visit our website at: <https://ellesmerecentre.co.uk/workshops/>

## Training Courses Included in this Prospectus

**Foundation Certificate in Transactional Analysis**

**Diploma in Integrative & Transactional Analysis  
Psychotherapeutic Counselling**

**Diploma in Integrative & Transactional Analysis  
Psychotherapy**

**Certified Transactional Analyst Training**

**UKCP Registration and Accreditation**

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## Introduction

The centre has been designed to provide a facility of counselling, psychotherapy, supervision and training. There is a varied training programme of both short- and longer-term courses provided by experienced trainers in a professional yet relaxed environment.

Our training includes the Foundation Certificate in Transactional Analysis which can lead to continued psychotherapeutic counselling training towards the Diploma in Integrative & Transactional Analysis Psychotherapeutic Counselling or psychotherapy training leading to the Diploma in Integrative & Transactional Analysis Psychotherapy.

On gaining qualification, trainees may choose to continue training leading towards accreditation as a Certified Transactional Analyst with Psychotherapy specialty (CTA(P) under EATA (European Association for Transactional Analysis) in conjunction with your principal TA supervisor. Alternatively, trainees may work towards registration and accreditation with UKCP as a psychotherapeutic counsellor or psychotherapist.

The UKCP is the leading body in the UK for recognition of psychotherapists. Training complies with EATA and UKCP (United Kingdom for Counselling and Psychotherapy) requirements, copies of which are available at the centre. Training programmes at The Ellesmere Centre presently run from September to June for weekend training dates, and from February to December for midweek (Thursdays and Fridays) training dates.

## Trainers

Trainers on this programme are Kathie Hostick TSTA, Barbara Clarkson TSTA, Anita Holland PTSTA, and Dr Lynsey Holmes PSTSA. Kathie is a Director at the Centre.

Your progress will be supported and monitored by your main trainers. Visiting and associate trainers also provide different aspects of the theory as part of your training. All visiting trainers are qualified and registered with their appropriate body.

## Contacts

Ellesmere Counselling and Psychotherapy Training collaborates with a number of small UKATA Registered Training Establishments known as the Independent Training Collaborative, regarding the process of training, supervision and monitoring of the academic aspects of the course

## Philosophy

The ethos of our organisation is relational and developmental. We believe that the developmental process is significant as you progress from a place of basic theoretical understanding and skills practice in your foundation year to a competent level of theoretical integration, awareness and attunement within the therapeutic relationship. We believe in the critical evaluation of this development through assessment and evaluation.

From a developmental perspective, we believe that it is essential to provide a comfortable environment which attends to your physiological, safety and learning needs appropriate to your level of development. We believe that these needs will change as you move through the training programmes from a supportive and directive teaching environment to a more eliciting and radical environment as you develop more integrated theoretical understanding, awareness and attunement within the therapeutic relationship.

The relational perspective is very much about the mutuality of commitment between the trainee and the trainer. The relationship will be open and negotiable throughout training and a space for self-reflection and challenge.

The philosophy of our training is concurrent with the TA philosophy of people are ok, everyone has the capacity to think, and people make their own decisions and can change these decisions. Whilst you are expected to take responsibility for your own learning, it is our responsibility to ensure you are provided with a safe and appropriate environment for your learning to take place.

We believe the educational relationship between you and your trainer provides the holding, containment and challenge necessary for your development. This reflects our professional philosophy of psychotherapy in which we see the therapeutic relationship as the most significant medium for change.

We are mindful of the need for a critical awareness of the multiple layers of human experience and the multi-dimensional nature of the therapeutic relationship. We also believe in the connectedness between mind and body and this belief underpins our approach to the theoretical content; this means we are mindful of your physical,



psychological, educational and spiritual needs in your training experience.

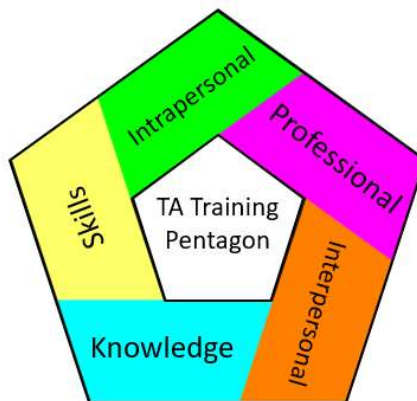
Our learning philosophy attends to the process of recognising, understanding and appreciating one's own culture as well as the culture of others. It stresses learning to appreciate the impact of differences in social location based on such variables as race, gender, class, age, sexual/affectional orientation, religion, physical ability and language. This learning process is dynamic: As we begin to see the impact of differences our sense of ourselves, others and the world, shifts.

Whilst we see our priority as your development and growth within your training at ECPT, we have a strong belief in the need for political awareness and understanding of the wider community including UKATA, EATA and ITAA , NCS and UKCP as well as other related organisations. We encourage open discussion and negotiation throughout the training process, your experiences and feedback are necessary for our continued development and change as a training institute.

## ECPT Pentagon Assessment Tool

**Growth/Development/Assessments** - we use our Pentagon Strand Assessment Tool (*Debbie Barker 2017 © copyright*) along with academic marking criteria to provide both formative and summative feedback when monitoring and assessing your progress and achievement within and between each stage of the programme.

We will support you through ongoing professional and personal growth from being able to demonstrate a level 4 understanding, in your foundation year, to a competent level 6 of psychotherapeutic reflection and internalisation of your training to level 7 in your 4<sup>th</sup> Psychotherapy Year. The pentagon strands will be evident and will overlap in more than one area of assessment.



**Intrapersonal**

Personal development. The ability to know, understand, interpret and consider the impact of your own emotions.



**Skills**

How we demonstrate our ability to work in therapeutic practice (with clients)



**Knowledge**

Demonstrate understanding of theory within a therapeutic practice setting.



**Interpersonal**

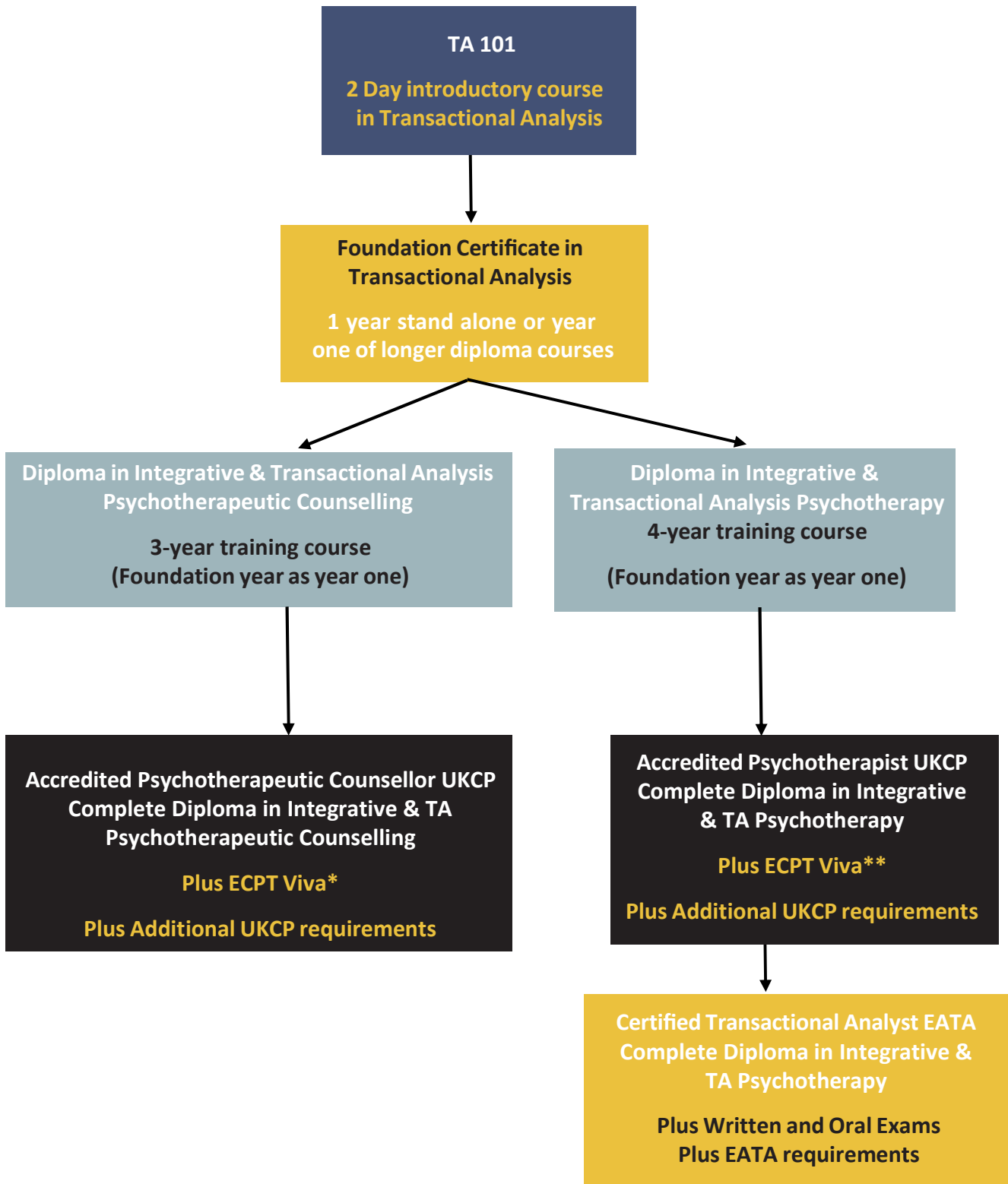
Being part of a group. The ability to communicate and interact with other people and reflect on verbal and non-verbal experience of social interaction and relationship.



**Professional**

The assessment for qualifications and professional requirements for clinical practice in line with ethical body. Attend to what is required to move up each year.

## ECPT Training Pathway Options-Adult Training





# Foundation Certificate in Transactional Analysis

The foundation year provides an in-depth introduction to the theory of Transactional Analysis. Within this year, you are required to do TA101 (Introduction to Transactional Analysis) if you have not already done so.

The Foundation year is mainly cognitive and focused on theoretical understanding. On each monthly training session, the first of the two days will cover a specific theoretical principle. The second day will incorporate a tutor group, developing skills in relation to the theory and a demonstration if appropriate. Each month there will also be a presentation of other counselling models or a topic of interest by the trainees.

On completion of this first year, you will receive the Foundation Certificate in Transactional Analysis. This can be done as a standalone year or can be accredited towards your ongoing training in psychotherapeutic counselling or psychotherapy. Your progress through this process will be reviewed on an annual basis as part of your contractual relationship with your trainer.

You will need to fulfil all the requirements of the Foundation year to continue your training onto the psychotherapeutic counselling or psychotherapy training routes.

## Methodology

Each monthly training session includes:

- An interactive and experiential exploration of theory
- Skills and techniques
- Supervised practice
- Professional aspects of being a psychotherapist
- Group process.

## Aims

- To provide a professional, creative, caring and mutually respectful approach to training
- To promote an 'I'm ok, you're ok' culture, including an equal opportunities policy
- To facilitate your development as competent, professional, and ethical therapists
- To support you to successfully complete your training at whatever level you choose

- To enhance your personal development
- To invite participation in all activities during the training weekend and receive feedback from your peers and trainers.

## Objectives

By the end of the training, you will be able to demonstrate your ability to:

- Make contact with your clients with depth and immediacy
- Relate to clients with genuineness, unconditional positive regard and empathic understanding, good boundaries, and clear contracts
- Maintain appropriate self-support
- Give and take feedback constructively
- To identify, explore and understand stress triggers and how to attend to them
- Support clients through crisis
- Use supervision conscientiously and effectively
- Work constructively with colleagues from other professions.

## Assessment

There will be continual monitoring by self, peer and tutor assessment during training. Towards the end of each level, trainees will experience more formalised peer and tutor evaluation. In the foundation year there are two essays, a presentation, a recording and transcript and assessed practice. You will need to keep a personal, reflective journal of your training and learning experience, along with a clinical log including training hours, supervision hours, therapy hours and clinical hours throughout your training.

## Personal Therapy

Trainees are required to be in personal therapy with a UKCP Psychotherapist from the start of the course.

Trainees wanting to go on and complete the Diploma in Integrative & TA Psychotherapeutic Counselling will need to evidence 105 hours of therapy in order to qualify and gain accreditation with UKCP. Trainees wanting to complete the Diploma in Integrative and TA Psychotherapy will need to evidence 160 hours of personal therapy throughout their 4 years of training to gain accreditation with UKCP and trainees on the full CTA Psychotherapy training route will need to evidence 160 hours of personal therapy over the four years of their training.

UKCP require that the experience of therapy be congruent with the psychotherapy in which a trainee is training, and that the therapist be UKCP registered. A straightforward

approach to this congruence and registration would be that trainees have some experience of TA psychotherapy with a CTA and other modalities within UKCP are acceptable.

## Syllabus

A full syllabus is included in each of our course handbooks, which are provided at the beginning of training. Please note that course content is subject to change in order to keep up to date with current thinking.

## Outline of Course Content

- Introduction to the course and the centre
- The principles and philosophy of counselling and psychotherapy
- Ethics
- TA philosophy and history
- Contracting
- Ego state theory and diagnosis
- Transactions, strokes, time structuring and life positions
- Scripts and script theories
- Rackets
- Games
- Decontamination and deconfusion
- Personality adaptations
- Symbiosis, discounting, redefining and passivity
- Tutor and peer group evaluation
- Culture and diversity is integral to our programme throughout the training

# Advanced Training

## Diploma in Integrative and Transactional Analysis Psychotherapeutic Counselling

The Diploma in Integrative & Transactional Analysis Psychotherapeutic Counselling is run over three years, consisting of 10 weekends training per year. The Foundation Year counts as the first year of this diploma. On gaining this qualification you may decide to work towards gaining registration and accreditation with UKCP. Your progress through this process will be reviewed on an annual basis in your contractual relationship with your trainer. You may dual register for this Diploma and also the 4 year Psychotherapy Diploma if you are unsure which route you would like to take.

To become an accredited psychotherapeutic counsellor with UKCP there is a minimum requirement of 450 training hours, 450 supervised clinical practice hours over a minimum of 3 years, 105 hours of personal therapy and completion of a 6,000 word intersubjective essay.

## Diploma in Integrative and Transactional Analysis Psychotherapy

The Diploma in Integrative & Transactional Analysis Psychotherapy is run over four years, consisting of 10 weekends training per year. The Foundation Year counts as the first year of this diploma. This can be followed by joining an accreditation group and a process of work towards gaining registration and accreditation with UKCP. Alternatively, you can join an exam preparation group and work towards becoming a Certified Transactional Analyst (CTA). This can be done at your preferred pace but can only be done following completion of the first four years. The length of time this takes depends on the needs of the individual and can be discussed with your trainer.

To become an accredited Psychotherapist with UKCP there is a minimum requirement 900 hours comprising core training (min 600 hours over a min of 4 years) supervision, mental health familiarisation placement, self and peer directed learning, 450 supervised clinical practice hours, 160 hours personal therapy and completion of a Viva.

Viva consists of a written Clinical Case Study of 10,000 words, a 10 minute transcript, and a 3,000 word process analysis presented to a final evaluation panel OR a 10,000 word case study, a 10 minute transcript, and a 1 hour oral assessment presented to a final evaluation panel.

### Psychotherapeutic Counselling or Psychotherapy Routes

The second and third years of the psychotherapeutic counselling and the psychotherapy training are in a group together. Differentiation is through the assessment process and course requirements. Please see relevant handbooks for further details.

To start your second year of training, you will have completed the Foundation Certificate at the centre or be able to APL from another TA Psychotherapy course. You can register with UKCP and/or EATA as candidates in training at this stage.

Your second and third year will focus on the development of counselling and psychotherapy skills. The theory will be diverse and in-depth. The first of the two days each weekend will be theory based, the second day will incorporate a presentation by a trainee and structured group tasks. There will also be a process group which will be

facilitated for group process issues and for trainees to experience relationships at this level.

The training will be delivered by a regular training team as well as visiting trainers.

As part of this training, you will also be required to attend at least one regional conference and we recommend that you also attend one national conference.

On completion of the three years training and fulfilment of all course requirements you will be awarded the Diploma in Integrative & Transactional Analysis Psychotherapeutic Counselling and may wish to continue to work towards registration and accreditation with UKCP.

## Working With Live Clients

**Towards the end of your Foundation Year, when you have been assessed and are in receipt of a Competency to Practice Certificate you can establish a placement for therapeutic practice under supervision.**

**Placements are co-ordinated by ECPT to ensure mutual compliance between provider and trainee. This may be done earlier if the trainee is already a qualified counsellor.**

**You will be expected to undergo supervision and personal therapy in accordance with UKCP requirements. You will keep a clinical log and a training log, along with a process journal.**

## Advanced Training Psychotherapy Route, 4<sup>th</sup> year

Trainees who have enrolled for the four-year Diploma in Integrative and Transactional Analysis Psychotherapy will have completed the first three years of training incorporating the Foundation Year and two further years of study alongside the psychotherapeutic counselling training route. You will be awarded the Diploma in Integrative & TA Psychotherapeutic Counselling (on completion of all training requirements) and will continue on to your fourth year of training.

The fourth year is a stand-alone year where you will study psychotherapy in more depth. You will specifically focus on more in-depth assessment, diagnosis, treatment planning, supervisory and process aspects of psychotherapy; consider psychopathology within therapeutic practice as well as mental health and wellbeing; work with deconfusion, transference and counter-transference at a deeper relational level within the therapeutic relationship; evaluate and critique approaches to research and generate and develop research ideas and projects.

As with previous years of training, the format of the weekend will be the same with the first day of the weekend training being theory based and the second day focusing more on individualised process.

By year 4, you will be competent enough to consider private practice should you wish. Competency will be an ongoing evaluated process between the trainee and the supervisor.

As part of this year's training, you will also be required to complete a mental health familiarisation placement (Please see course handbook and The ECPT Mental Health Familiarisation Policy for further details). You may complete this placement at any time during the 4 years of training should you wish to.

On completion of the four years training and fulfilment of all course requirements, you will be awarded the Diploma in Integrative & TA Psychotherapy. At this point you may wish to continue to work towards registration and accreditation with UKCP or work towards becoming a Certified Transactional Analyst (CTA).

## Details of the **Diploma in Integrative and Transactional Analysis Psychotherapeutic Counselling**

### Methodology

Each weekend study workshop includes....

- An interactive and experiential exploration of theory
- Skills and techniques
- Supervised practice
- Professional aspects of being a psychotherapist
- Group process.

### Aims

- To provide a professional, creative, caring and mutually respectful approach to training
- To promote an 'I'm ok, you're ok' culture, including an equal opportunities policy

- To facilitate your development as competent, professional and ethical therapists
- To support you to successfully complete your training at whatever level you choose
- To enhance your personal development
- To participate in all activities during the training weekend, and receive feedback from your peers and trainers

## Objectives

By the end of the training, you will be able to demonstrate your ability to.....

- Make contact with your clients with depth and immediacy
- Relate to clients with genuineness, unconditional positive regard and empathic understanding, good boundaries and clear contracts
- Maintain appropriate self-support
- Give and take feedback constructively
- Identify, explore and understand stress triggers and how to attend to them
- Support clients through crises
- Use supervision conscientiously and effectively
- Work constructively with colleagues from other professions.

## Outline of Course Content Advanced Training (Years 2 &3)

The course content includes and is not exclusive to.....

- Philosophy and Contracting
- Working ethically within an integrative and TA framework
- Process model/personality adaptations
- The ego state model and multiple chair work
- Phenomenology
- Field theory and the Dialogic model
- The redecision model
- Transference and counter transference



- An existential approach
- Assessment and treatment planning
- Setting up practice and placements
- Group work
- The relational model
- Protection issues
- Working with complex needs in primary care
- Peer and tutor review
- Working with Mental Health issues and mental well being
- A TA and integrative approach to working with the relationship 1 – Culture, Gender and sexuality
- A TA and integrative approach to working with the relationship 2 – the therapeutic context
- A TA and integrative approach to working with the relationship 3 – object relations
- Child Development 1 – Attachment
- Child Development 2 – Stern
- Child Development 3 – Neuro-science
- Child development from a TA perspective (Berne and Levin)
- Working with eating disorders
- Consolidating skills and theory
- A TA and integrative approach to working with couples and groups
- TA and a systemic approach
- A TA and integrative approach to working with Children
- Working with the suicidal or self-harming clients
- Spirituality and personal narrative

All content is subject to regular review and can be changed to reflect current thinking and practice when relevant.

## Assessment

There will be continual monitoring by self, peer and tutor assessment during training, and towards the end of each level, trainees will experience more formalised peer and tutor evaluation.

There are two essays or case studies, a presentation, recorded transcripts, structured group tasks and assessed practice to complete in each year.

## Personal Therapy

Trainees wanting to complete the Diploma in Integrative & TA Psychotherapeutic Counselling will need to evidence 105 hours of therapy in order to qualify. Trainees wanting to complete the Diploma in Integrative & TA Psychotherapy will need to evidence 160 hours of personal therapy, and trainees on the full CTA Psychotherapy training route will need to evidence 160 hours of personal therapy over the four years of their training.

UKCP require that the experience of therapy be congruent with the psychotherapy in which a trainee is training, and that the therapist be UKCP registered. A straightforward approach to this congruence and registration would be that trainees have an experience of TA psychotherapy with a CTA, and other modalities within UKCP are acceptable.

Qualified and registered CTA psychotherapists practice from the Ellesmere Centre should you wish to see a therapist here.

## Additional Requirements

- You will be expected to undergo supervision and personal therapy in accordance with UKCP requirements.
- You will keep a clinical log and a training log, along with a process journal.
- The training will be delivered by a regular training team as well as visiting trainers.
- As part of this training, you will also be required to attend a national conference or three regional conferences over the course of the three years.
- On completion of the three years training and fulfilment of all course requirements, you will be awarded the Diploma in Integrative & Transactional Analysis Psychotherapeutic Counselling and may wish to continue to work towards registration and accreditation with UKCP. (To become an accredited psychotherapeutic counsellor with UKCP there is a minimum requirement of

450 training hours, 450 supervised clinical practice hours over a minimum of 3 years, 105 hours of personal therapy and completion of the ECPT Final Assessment for Accreditation\* – see course handbook for more details)

**\* ECPT Final Assessment for UKCP Counselling Accreditation consists of a written essay on your identity as a Psychotherapeutic Counsellor (3000 words), 10 minute recording, transcript and written process analysis (2000 words) and final evaluation panel.**

## Details of the **Diploma in Integrative and Transactional Analysis Psychotherapy**

### Methodology

Each monthly training session includes

- An interactive and experiential exploration of theory
- Skills and techniques
- Supervised practice
- Professional aspects of being a psychotherapist
- Group process

### Aims

- To provide a professional, creative, caring and respectful approach to training
- To promote an 'I'm ok, you're ok' culture, including an equal opportunities policy
- To facilitate your development as competent, professional and ethical therapists
- To support you to successfully complete your training at whatever level you choose
- To enhance your personal development
- To participate in all activities during the training weekend, and receive feedback from your peers and trainers

## Objectives

By the end of the training, you will be able to demonstrate your ability to...

- Make contact with your clients with depth and immediacy
- Relate to clients with genuineness, unconditional positive regard and empathic understanding, good boundaries and clear contracts
- Maintain appropriate self-support
- Give and take feedback constructively
- Identify, explore and understand stress triggers and how to attend to them
- Support clients through crises
- Use supervision conscientiously and effectively
- Work constructively with colleagues from other professions
- Develop sense of integration and identity as a psychotherapist.

## Outline of Course Content Psychotherapy Training (Year 4)

- Research and evidence-based practice
- Pathology, diagnosis and DSM 5, Benjamin, Johnson etc
- Self-psychology – Masterson and Kohut,
- Working with the Borderline diagnosis
- Working with the Schizoid diagnosis
- Working with the Narcissistic diagnosis
- Working with trauma from a relational perspective
- Developing your own style and identity as a psychotherapist
- Critiquing models of psychotherapy
- Taboos in the therapy room
- Supervision models and approaches
- Consolidation and review
- Culture and diversity are integral to our programme throughout the training.

## Assessment

There will be continual monitoring by self, peer and tutor assessment during training, and towards the end of each level, trainees will experience more formalised peer and tutor evaluation.

There are three essays – one research, a self-reflective essay, and a specialist essay – and a case study presentation including transcript and assessed practice to complete.

You will need to keep a personal, reflective journal of your training and learning experience, along with a clinical log including training hours, supervision hours, therapy hours and clinical hours throughout your training.

There are two levels of competency to practice, within a placement setting and private practice. A certificate of competency is required ahead of setting up a placement if you continue into further training. Private practice is in agreement with your supervisor after a placement experience and dependent on experience and evaluation through the training pentagon.

## Personal Therapy

Trainees wanting to complete the Diploma in Integrative & TA Psychotherapy will need to present evidence of 160 hours of personal therapy and trainees on the full CTA Psychotherapy training route will need to evidence 160 hours of personal therapy over the four years of their training.

UKCP require that the experience of therapy be congruent with the psychotherapy in which a trainee is training, and that the therapist be UKCP registered. A straightforward approach to this congruence and registration would be that trainees have an experience of TA psychotherapy with a CTA. and other modalities within UKCP are acceptable.

Qualified and registered CTA psychotherapists practice from ECPT should you wish to see a therapist here.

## Professional Membership

Trainees are required to be members of ECPT and UKCP throughout their training and are required to provide evidence of a clean enhanced DBS check once they start to practice.

**ECPT Final Assessment for Accreditation consists of a 10 minute transcript and process analysis presented to a final evaluation panel OR a 10 minute transcript and 1 hour oral assessment presented to a final evaluation panel**

## These courses are suitable for anyone who is seeking a career in Counselling or Psychotherapy and has....

- **A qualification in a relevant profession or can evidence professional training in a caring profession**
- **Suitable and relevant life experience**
- **A suitable counselling qualification**
- **Done the TA101, or intends to do so during the foundation level of training**
- **Some or all of the above**

### Acquired Prior Learning (APL)

If you can evidence prior learning or experience that is the equivalent of any training offered by ECPT, then exemption (APL) will be granted to that part of the training.

Generally speaking, in order to enter the course at any level other than foundation level, you will need to have completed the equivalent number of TA (or equivalent modality) psychotherapy training hours and covered the relevant modules with a UKCP or UKATA (or equivalent) registered training establishment as ECPT trainees at the level you wish to join; you will also be required to have a written reference from your previous trainer. This is to provide consistency, fairness and equitability for all trainees.

Evidence must be provided to ECPT ahead of training and any expenses incurred will be at your own expense. (Please ask to see our APL/APEL Policy for further details)

### Dual Relationships

It is not appropriate for you to have a current therapy relationship with your trainer or supervisor. Where there is any possibility of a dual relationship you will need to apply for special exemption through the UKCP Professional Practice Committee.

## Investment and Additional Requirements

- Course Fees - £2,220 (£1,850 plus VAT) each training year (one weekend a month for 10 months). Foundation year request payment up front. We offer a payment plan for those continuing onto Advanced Training.
  - Course fees can be paid in full upon enrolment by bank transfer, card payment or invoice to your employer.
  - Unfortunately, as we are a private institution, we have no access to funding, loans, bursaries or are able to provide discounts for the Foundation Year.
- TA101 – 2 days £186 (£155 + vat)
- Therapy (all 4 years) and Supervision (all advanced years) – £45-£55 a session. UKCP accredited therapist/supervisor. Number of sessions required in line with hourly requirements for each training level. Being part of a group can help minimise cost.
- Annual Professional body membership.
- Insurance – this is an annual cost when you start seeing clients.
- DBS (all advanced years) – initial cost, then yearly upgrade service available and recommended.
- CPD – to complement training, in areas of personal interest. Can also be attended to make up any training hours missed (would be at cost to you)
- Conference – residential or individual. You are required to attend at least one and these can count to any training hours missed.
- Expenses associated with attending placements.
- Costs associated with completing mental health familiarisation (part of psychotherapy diploma – 4<sup>th</sup> year)

**\*Costs correct at time of publication but may be subject to change prior to the new academic year following changes made externally or an annual review.**

## How To Apply

Applications for our courses can be made online via our website. Please follow the following link: [Online Application Process – ECPT](#)

If you have accessibility difficulties, please contact us. Interviews are held in person and/or online.

As we allocate places to successful candidates as soon after interview as possible, courses do fill up so early application is recommended.

## Application Process and Interviews

If you wish us to consider APL, please let us know at the time of completing your online application. We may require additional information to what is on your application form to ensure we consider all of your experience.

Upon receipt of your application form, you will be invited for interview with two of the training team. If you have a successful interview and you fulfil all the selection/admission requirements, we will contact you to advise you of your place on the course and send you a letter with an invitation to enrol. If ECPT has any queries following your interview, you may be offered a second interview to address these queries. If ECPT feel that we could offer you a place subject to you fulfilling any criteria, you will be offered a place on condition of these criteria are fulfilled.

If your interview is unsuccessful or you do not fulfil the entry requirements, we will contact you to let you know, and provide you with feedback and written confirmation of our decision. You will be given the opportunity to appeal against this decision and provide any mitigating evidence, however, once this has been considered ECPT Academic Lead's decision is final.

**We look forward to welcoming your application.**

### Contact details:

Ellesmere Counselling and Psychotherapy Training,  
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